

Rogers Public Schools

PRE-K LUNCH MENU

Jan 22, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 CHEESE PIZZA SLICE SEASONED GREEN BEANS FRUIT CUP 1% MILK
Feb - 4 WG MINI CORN DOGS KRINKLE FRIES CUCUMBERS /TOMATOES FRUIT CUP RANCH DRESSING KETCHUP MUSTARD PKT 1% MILK	Feb - 5 CHICK'N QUESADILLAS REFRIED BEANS BABY CARROTS ORANGE WEDGES-6 1% MILK	Feb - 6 WG CHICKEN NUGGETS TATER "EMOJI'S" SWEET CORN FRUIT CUP KETCHUP MUSTARD PKT 1% MILK	Feb - 7 BEEF FINGERS MASHED POTATOES BROCCOLI SPEARS VANILLA BEAR GRAHAM FRUIT CUP 1% MILK	Feb - 8 CHICKEN TAQUITOS CHEESE SAUCE MIXED VEGETABLES FRUIT CUP 1% MILK
Feb - 11 CHEESEBURGER LETTUCE&PICKLE CUP KRINKLE FRIES ORANGE WEDGES-6 KETCHUP MUSTARD PKT 1% MILK	Feb - 12 CRUNCHY TACOS TACO TOPPERS SWEET CORN WG CHOC CHIP COOKIE FRUIT CUP 1% MILK	Feb - 13 TOASTED CHEESE SAND HOMESTYLE VEG BEEF SOUP BABY CARROTS W/ RANCH FRUIT CUP 1% MILK	Feb - 14 CHICKEN DRUMSTICK MASHED POTATOES BROCCOLI SPEARS STRAWBERRY CUP CHOCOLATE BEAR GRAHAM KETCHUP 1% MILK	Feb - 15 CHEESE PIZZA SLICE SEASONED GREEN BEANS FRUIT CUP 1% MILK
Feb - 18 NO SCHOOL TODAY	Feb - 19 WG MINI CORN DOGS KRINKLE FRIES BEANS IN SAUCE FRUIT CUP KETCHUP MUSTARD PKT 1% MILK	Feb - 20 WG FISH STIX MAC & CHEESE SEASONED GREEN BEANS APPLE WEDGES KETCHUP 1% MILK	Feb - 21 ROAST PORK CHEESEY MASHED POTATOES MIXED VEGETABLES Wheat Roll FRUIT CUP 1% MILK	Feb - 22 CHEESE PIZZA SLICE BROCCOLI SPEARS FRESH EDAMAME FRUIT CUP 1% MILK
Feb - 25 WG CHICKEN NUGGETS KRINKLE FRIES SWEET CORN FRUIT CUP KETCHUP 1% MILK	Feb - 26 BBQ RIB HOAGIE MIXED VEGETABLES RANCH DRESSING FRUIT CUP 1% MILK	Feb - 27 MAC & CHEESE BROCCOLI SPEARS HONEY YEAST ROLL FRUIT CUP MILK choice	Feb - 28 CHICKEN DRUMSTICK BROCC, CHEESE & RICE CASSEROLE GARLIC KNOT VEG MEDLEY (brocc,caulif,carrots) FROZEN JUICE TREAT 1% MILK	Mar - 1 CHEESE PIZZA SLICE SEASONED GREEN BEANS FRUIT CUP 1% MILK

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.