

Rogers Public Schools

SECONDARY BREAKFAST CHOICES

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 HOLIDAY	Jan - 4 NO SCHOOL TODAY
Jan - 7 NO SCHOOL TODAY	Jan - 8 "BUILD YOUR BREAKFAST SAUSAGE BISCUIT BREAKFAST PIZZA BAGEL LRG BOWL CEREAL VARI TRIX YOGURT BAGEL & CREAM CHS GLAZED MINI-BITES VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Jan - 9 "BUILD YOUR BREAKFAST PANCAKES & SAUSAGE SYRUP SAUSAGE BISCUIT BACON SCRAMBLE BREAKFAST PIZZA LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Jan - 10 "BUILD YOUR BREAKFAST FRUIT & YOGURT PARFAI BACON, EGG AND CHEESE CROISSANT SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Jan - 11 "BUILD YOUR BREAKFAST PURPLE COW SMOOTHIE SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT VARIETY MUFFINS GLAZED MINI-BITES FRUIT JUICE FRUIT CUP MILK choice
Jan - 14 "BUILD YOUR BREAKFAST PANCAKES & SAUSAGE SYRUP SAUSAGE BISCUIT EGG&CHS BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT ASSORT NUTRIGRAIN BA VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Jan - 15 "BUILD YOUR BREAKFAST TROPICAL TREAT SMOOT SAUSAGE BISCUIT BRK FLATBREAD PIZZA LRG BOWL CEREAL VARI TRIX YOGURT ASSORT NUTRIGRAIN BA BAGEL & CREAM CHS VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Jan - 16 HOMESTYLE BREAKFAST CHEESEY EGGS BISCUIT & SAUS GRAVY TATER GEMS HAM & CHS CROISSANT SAUSAGE BISCUIT LRG BOWL CEREAL VARI TRIX YOGURT FILLED BAGEL BITES VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Jan - 17 "BUILD YOUR BREAKFAST FRUIT & YOGURT BAR BACON, EGG AND CHEESE CROISSANT SAUS & CHEESE BRK SAN LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT MINI BREAKFAST BUN VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Jan - 18 "BUILD YOUR BREAKFAST PURPLE COW SMOOTHIE SAUSAGE BISCUIT CHICKEN BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT GLAZED MINI-BITES VARIETY MUFFINS FRUIT JUICE FRUIT CUP MILK choice
Jan - 21 NO SCHOOL TODAY	Jan - 22 "BUILD YOUR BREAKFAST NANA-BERRY SMOOTHIE SAUSAGE BISCUIT BRK FLATBREAD PIZZA LRG BOWL CEREAL VARI TRIX YOGURT BAGEL & CREAM CHS GLAZED MINI-BITES VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Jan - 23 FIESTA BREAKFAST SPANISH BRKFST TACOS SPICY CHICKEN BISCUIT SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT VARIETY MUFFINS STRAWBERRY MUFFIN WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Jan - 24 "BUILD YOUR BREAKFAST FRUIT & YOGURT BAR BACON, EGG AND CHEESE CROISSANT SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Jan - 25 "BUILD YOUR BREAKFAST PURPLE COW SMOOTHIE SAUSAGE BISCUIT BREAKFAST BOWL w/eggs, saus, salsa LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT VARIETY MUFFINS GLAZED MINI-BITES FRUIT JUICE FRUIT CUP MILK choice

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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