

Rogers Public Schools

PRE-K LUNCH MENU

Oct 29, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 CHICKEN DRUMSTICK MASHED POTATOES SWEET CORN FRUIT CUP CHOCOLATE BEAR GRAHAM 1% MILK	Nov - 2 CHEESE PIZZA SLICE SEASONED GREEN BEAN FRUIT CUP 1% MILK
Nov - 5 CHARBROIL BURGER PICKLE SLICES KRINKLE FRIES BABY CARROTS and CELERY STICKS KETCHUP MUSTARD PKT RANCH DRESSING FROZEN JUICE TREAT 1% MILK	Nov - 6 TINY TACOS TACO TOPPERS CORN with PEPPERS FRUIT CUP 1% MILK	Nov - 7 SPAGHETTI & MEAT SAU BREADSTICK MIXED VEGETABLES FRUIT CUP 1% MILK	Nov - 8 WG FISH STIX SEASONED GREEN BEAN APPLE WEDGES KETCHUP VANILLA BEAR GRAHAM 1% MILK	Nov - 9 CHEESE PIZZA SLICE BROCCOLI SPEARS FRUIT CUP 1% MILK
Nov - 12 BRD CHICKEN TENDERS KRINKLE FRIES SWEET CORN FRUIT CUP KETCHUP 1% MILK	Nov - 13 BBQ RIB HOAGIE MIXED VEGETABLES RANCH DRESSING FRUIT CUP 1% MILK	Nov - 14 THANKSGIVING FEAST ROAST TURKEY MASHED POTATOES SEASONED GREEN BEAN Wheat Roll HOLIDAY FRUIT SALAD CANDY CORN CAKE 1% MILK	Nov - 15 MAC & CHEESE SEASONED GREEN BEAN CUCUMBERS /TOMATOES RANCH DRESSING FRUIT CUP 1% MILK	Nov - 16 CHICKEN TAQUITOS CHEESE SAUCE CHOICE OF SIDES VEG MEDLEY (brocc,caulif,carrots) FRUIT CUP 1% MILK
Nov - 19 NO SCHOOL TODAY	Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 HOLIDAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 WG MINI CORN DOGS KRINKLE FRIES FRESH EDAMAME SALAD FRUIT CUP KETCHUP MUSTARD PKT 1% MILK	Nov - 27 CHICK'N QUESADILLAS "MADE FRESH" SALSA SWEET CORN ORANGE WEDGES-6 1% MILK	Nov - 28 CHARBROIL BURGER LETTUCE&PICKLE CUP SEAS POTATO WEDGES FRUIT CUP KETCHUP MUSTARD PKT 1% MILK	Nov - 29 BEEF FINGERS MASHED POTATOES BROCCOLI SPEARS VANILLA BEAR GRAHAM FRUIT CUP 1% MILK	Nov - 30 CHEESE PIZZA SLICE SEASONED GREEN BEAN BABY CARROTS FRUIT SQUEEZY 1% MILK

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.