

Rogers Public Schools

9-12 BREAKFAST CHOICES

Monday	Tuesday	Wednesday	Thursday	Friday
May - 3 VARIETY YOGURT CUP GLAZED MINI-BITES SAUSAGE BISCUIT WG CEREAL BOWL FRUIT CUP FRUIT JUICE MILK	May - 4 TROPICAL TREAT SMOOTHIE CINNAMON GRAHAM CRACKERS WG CEREAL BOWL BACON, EGG & CHEESE BRKFST SANDWICH CRAISINS FRUIT JUICE MILK	May - 5 FRUIT & YOGURT BAR TONY'S BRKFST PIZZA WG CEREAL BOWL FRUIT FILLED ROLL FRUIT CUP FRUIT JUICE MILK	May - 6 HAM,EGG&CHEESE ON CROISSANT WG CEREAL BOWL VARIETY YOGURT CUP GLZ CINN BUN FRESH FRUIT BOWL FRUIT JUICE MILK	May - 7 AT HOME INSTRUCTION
May - 10 HAM,EGG&CHEESE ON CROISSANT GLZ CINN BUN VARIETY YOGURT CUP WG CEREAL BOWL FRESH APPLE FRUIT JUICE MILK	May - 11 NANA-BERRY SMOOTHIE CINNAMON GRAHAM CRACKERS WG CEREAL BOWL FRENCH TOAST STIX SYRUP LINK SAUSAGE FRUIT CUP FRUIT JUICE MILK	May - 12 FIESTA OMELET BOWL CHURRO WG CEREAL BOWL VARIETY YOGURT CUP VARIETY MUFFINS FRUIT CUP FRUIT JUICE MILK	May - 13 TONY'S BRKFST PIZZA BACON, EGG & CHEESE BRKFST SANDWICH WG CEREAL BOWL VARIETY MUFFINS FRUIT JUICE FRUIT CUP MILK	May - 14 TROPICAL TREAT SMOOTHIE CINNAMON GRAHAM CRACKERS WG CEREAL BOWL SAUSAGE BISCUIT APPLES,Fresh FRUIT JUICE MILK
May - 17 HAM,EGG&CHEESE ON CROISSANT GLZ CINN BUN VARIETY YOGURT CUP WG CEREAL BOWL FRESH APPLE FRUIT JUICE MILK	May - 18 NANA-BERRY SMOOTHIE CINNAMON GRAHAM CRACKERS BACON, EGG & CHEESE BRKFST SANDWICH WG CEREAL BOWL CRAISINS FRUIT JUICE MILK	May - 19 FRUIT & YOGURT BAR BISCUIT & SAUS GRAVY WG CEREAL BOWL VARIETY MUFFINS APPLES,Fresh FRUIT JUICE MILK	May - 20 FRENCH TOAST STIX LINK SAUSAGE HARDBOILED EGG VARIETY YOGURT CUP WG CEREAL BOWL FRUIT JUICE FRUIT CUP MILK	May - 21 SAUSAGE, EGG&CHS BISC VARIETY YOGURT CUP VARIETY MUFFINS WG CEREAL BOWL APPLES,Fresh FRUIT JUICE MILK
May - 24 HAM,EGG&CHEESE ON CROISSANT GLZ CINN BUN VARIETY YOGURT CUP WG CEREAL BOWL CRAISINS FRUIT JUICE MILK	May - 25 NANA-BERRY SMOOTHIE CINNAMON GRAHAM CRACKERS BACON, EGG & CHEESE BRKFST SANDWICH WG CEREAL BOWL FRUIT CUP FRUIT JUICE MILK	May - 26 FIESTA OMELET BOWL CHURRO VARIETY YOGURT CUP WG CEREAL BOWL APPLES,Fresh FRUIT JUICE MILK	May - 27 SAUSAGE BISCUIT VARIETY YOGURT CUP WG CEREAL BOWL FRUIT JUICE FRUIT CUP MILK	May - 28 ENJOY YOUR SUMMER!

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.