

# Rogers Public Schools

## MIDDLE SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
May - 3  DOUBLE CORN DOGS "OR" CHARBROILED BURGER LETTUCE&PICKLE CHOICE OF SIDES FRENCH FRIES CHERRY PEAR CUP KETCHUP MUSTARD PKT MILK	May - 4  SPICY CHICKEN SANDWICH TATER TOTS "OR" DELI TURKEY SUB ASSORTED CHIPS CHOICE OF SIDES SANDWICH SALAD CUP CUCUMBERS /TOMATOES APPLES,Fresh MILK	May - 5  CHICK'N QUESADILLAS FRESH SALSA CORN with PEPPERS "OR" TURKEY SPINACH WRAP ASSORTED CHIPS HONEY MUSTARD PICKLE SPEAR CHOICE OF SIDES PORK AND BEANS BABY CARROTS RANCH STRAWBERRIES MILK	May - 6  BEEF FINGERS MAC & CHEESE "OR" CHICK'N FILET SANDWICH FRENCH FRIES KETCHUP CHOICE OF SIDES BREADED OKRA SIDE SALAD PEACH CUP RANCH MILK	May - 7  AT HOME INSTRUCTION
May - 10  DOUBLE DOGS FRENCH FRIES "OR" DELI TURKEY SUB SANDWICH SALAD CUP ASSORTED CHIPS CHOICE OF SIDES BABY CARROTS and CELERY STICKS RANCH CHERRY PEAR CUP MUSTARD PKT KETCHUP MILK	May - 11  PULLED PORK HOAGIE "OR" CHICK'N FILET SANDWICH CHOICE OF SIDES FRENCH FRIES PORK AND BEANS KETCHUP MUSTARD PKT PEACH CUP MILK	May - 12  BRD CHICKEN TENDERS Wheat Roll "OR" CHARBROILED BURGER FRENCH FRIES CHOICE OF SIDES SEASONED GREEN BEANS FROZEN JUICE CUP KETCHUP MILK	May - 13  SPICY SICHUAN CHICKEN STEAMED WG RICE BROCCOLI SPEARS FORTUNE COOKIE "OR" CHEESEBURGER FRENCH FRIES RANCH KETCHUP MUSTARD PKT CHOICE OF SIDES SIDE SALAD CHERRY PEAR CUP MILK	May - 14  PRIMO CHEESE PIZZA "OR" PIZZA STICKS CHOICE OF SIDES FRENCH FRIES SWEET CORN BABY CARROTS and CELERY STICKS RANCH STRAWBERRIES MILK
May - 17  CHICK'N QUESADILLAS "OR" BEEF BURRITO CHOICE OF SIDES FIESTA RICE CORN with PEPPERS FRESH SALSA JALEPENO PEPPERS PEACH CUP MILK	May - 18  BRD CHICKEN TENDERS "OR" CHEESEBURGER LETTUCE&PICKLE CHOICE OF SIDES FRENCH FRIES SEASONED GREEN BEANS STRAWBERRIES KETCHUP MUSTARD PKT MILK	May - 19  BBQ RIB HOAGIE PICKLE SPEAR "OR" SPICY CHICKEN SANDWICH PICKLE SLICES CHOICE OF SIDES FRENCH FRIES PORK AND BEANS FROZEN JUICE CUP MILK	May - 20  OVEN ROASTED CHICKEN SEAS POTATO WEDGES Wheat Roll "OR" TURKEY&SWISS LETTUCE&PICKLE ASSORTED CHIPS CHOICE OF SIDES VEG MEDLEY (brocc,caulif,carrots) PEACH CUP MILK	May - 21  FRENCH BREAD PIZZA "OR" SPICY BUFFALO CHICKEN PIZZA CHOICE OF SIDES DIPPING SAUCE SEASONED GREEN BEANS BABY CARROTS RANCH CHERRY PEAR CUP MILK
May - 24  DOUBLE CORN DOGS TATER "EMOJI'S" SWEET CORN "OR" TURKEY SPINACH WRAP PORK AND BEANS BAKED CHEETOS CHOICE OF SIDES STRAWBERRIES KETCHUP MUSTARD PKT MILK	May - 25  CHICKEN TAQUITOS-3 EAC FRENCH FRIES SEASONED GREEN BEANS "OR" DELI TURKEY SUB LETTUCE/TOMATO ASSORTED CHIPS CHOICE OF SIDES BABY CARROTS RANCH DRESSING APPLES,Fresh MILK	May - 26  BRD CHICKEN TENDERS "OR" CHARBROILED BURGER LETTUCE&PICKLE FRENCH FRIES KETCHUP CHOICE OF SIDES CUCUMBERS /TOMATOES PEACH CUP MILK	May - 27  LAST DAY OF SCHOOL! CHOOSE YOUR PIZZA SWEET CORN BABY CARROTS STRAWBERRIES ICE CREAM TREAT MILK	May - 28  ENJOY YOUR SUMMER!

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.