

NOTICE TO PARENTS REGARDING MEAL MODIFICATIONS

Special Meal Modifications may be made to accommodate specific dietary needs with a Physician's order stating the child's diagnosis and a list provided of foods to be modified in the diet. This includes all texture modifications as well.

Examples are Gluten Free diet, Carbohydrate Controlled or Calorie Modification. Modification for allergies to tree nuts, peanuts, dairy, egg, soy, beef, pork and others.

Fluid Milk may be refused by the child but a nutritionally adequate milk replacement (such as Soy Milk or Almond Milk) requires a physician's order. Water is provided to all children at every meal.

For questions regarding Meal Modifications, please contact Margie Bowers, Child Nutrition Director at 479-631-3539 or send an email to margie.bowers@rpsar.net

It is our mission to support good health and readiness for learning by providing a healthy meal to every child in our district.

Thank you,

**Margie Bowers
Child Nutrition Director**