



Dear Parents and Guardians,

We hope this will be a happy and healthy school year for your child! Our school nurses would like to update you about a few health topics and your opportunity to opt out.

### **Screenings**

Each year the school district is mandated by the state to conduct certain health screenings including:\*

- Scoliosis for 6<sup>th</sup>-grade girls and 8<sup>th</sup>-grade boys
- Height and weight in grades K, 2nd, 4th, 6th, 8th, and 10th
- Vision and hearing in grades K, 1st, 2nd, 4th, 6th and 8th.

Parents and guardians may request in writing to decline a screening, excluding vision and hearing. This request should be submitted no later than September 30th of each school year. Parents and guardians may request the result of a screening by contacting the school nurse.

### **5<sup>th</sup> and 6<sup>th</sup> Grade Health Curriculum**

As part of the curriculum for grades 5th and 6<sup>th</sup>, the school nurse and counselor will provide an informational video on body changes and hygiene. Parents may request to view this video by contacting the school nurse. Parents may request in writing for their child not to participate in this educational opportunity.

### **First Aid Treatments**

As part of first aid in the school setting, some topicals may be used as needed including, but not limited to, antibiotic ointment; anti-itch ointment and/or spray; oral pain relief gel, and red eye relief drops. Parents and guardians may request in writing to refuse the use of these first aid products.

If you have any questions, please contact your school nurse. We are happy to help!

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\* These screenings are in compliance with Act 41 of 1987 as amended by Act 95 of 1989, "An act to protect the health and welfare of Arkansas children by requiring the Department of Health to institute scoliosis screening programs; and for other purposes." and the Arkansas Department of Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools and these regulations are enacted pursuant to the authority of the State Board of Education under Ark. Code Ann. §§ 6-16-132, 20-7-133, 20-7-134, 20-7-135, and Act 981 of 2011 and 2.01 These shall be known as the Arkansas Department of Education (ADE) Rules Governing Eye and Vision Screening Procedures and Test Standards in Arkansas Public Schools. 2.02. These regulations are enacted pursuant to the authority of the State Board of Education under the Arkansas Administrative Procedure Act § 25-15-201 et seq. and Ark. Code Ann. § 6-18-1501.