

FEBRUARY

Monday

Feb 2

YOGURT PARFAIT BAR
CHICKEN BISCUIT
HASHBROWN PATTY
BRKFST PIZZA, SAUSAGE
VARIETY BAGELS/CREAM C
HS
CEREAL BOWL
FRUIT JUICE
FRESH FRUIT
White Milk 1%
MILK-1% CHOC

Tuesday

Feb 3

FRUIT SMOOTHIES
CHOC CHIP MUFFIN TOP
BACON, EGG & CHEESE
CROISSANT
SAUS & CHEESE BISCUIT
VARIETY BAGELS/CREAM C
HS
CEREAL BOWL
FRUIT CUP
FRUIT JUICE
White Milk 1%
MILK-1% CHOC

Wednesday

Feb 4

COUNTRY BREAKFAST
VARIETY YOGURT CUP
GLAZED BREAKFAST BUN
HAM, EGG & CHEESE
BREAKFAST SANDWICH
HASHBROWN PATTY
CEREAL BOWL
VARIETY BAGELS/CREAM C
HS
FRESH FRUIT
FRUIT JUICE
MILK-1% CHOC
White Milk 1%

Thursday

Feb 5

YOGURT PARFAIT BAR
WAFFLES & SAUSAGE
BREAKFAST BURRITO
with egg, saus & cheese
HASHBROWN PATTY
BRKFST PIZZA, SAUSAGE
CEREAL BOWL
FRUIT JUICE
FRESH FRUIT
MILK-1% CHOC
White Milk 1%

Friday

Feb 6

CHEDDAR CHEESE OMELET
WITH
FRENCH TOAST STIX
HAM, EGG & CHEESE
ON CROISSANT
SAUS & CHEESE BISCUIT
CEREAL BOWL
VARIETY YOGURT CUP
VARIETY MUFFINS
VARIETY BAGELS/CREAM C
HS
FRUIT JUICE
FRUIT CUP
MILK-1% CHOC
White Milk 1%

Feb 9

YOGURT PARFAIT BAR
CHICKEN BISCUIT
HASHBROWN PATTY
BRKFST PIZZA, SAUSAGE
VARIETY BAGELS/CREAM C
HS
CEREAL BOWL
FRUIT JUICE
FRESH FRUIT
White Milk 1%
MILK-1% CHOC

Feb 10

FRUIT SMOOTHIES
CHOC CHIP MUFFIN TOP
BACON, EGG & CHEESE
CROISSANT
SAUS & CHEESE BISCUIT
VARIETY BAGELS/CREAM C
HS
CEREAL BOWL
FRUIT CUP
FRUIT JUICE
White Milk 1%
MILK-1% CHOC

Feb 11

COUNTRY BREAKFAST
VARIETY YOGURT CUP
GLAZED BREAKFAST BUN
HAM, EGG & CHEESE
BREAKFAST SANDWICH
HASHBROWN PATTY
CEREAL BOWL
VARIETY BAGELS/CREAM C
HS
FRESH FRUIT
FRUIT JUICE
MILK-1% CHOC
White Milk 1%

Feb 12

YOGURT PARFAIT BAR
WAFFLES & SAUSAGE
BREAKFAST BURRITO
with egg, saus & cheese
HASHBROWN PATTY
BRKFST PIZZA, SAUSAGE
CEREAL BOWL
FRUIT JUICE
FRESH FRUIT
MILK-1% CHOC
White Milk 1%

Feb 13

CHEDDAR CHEESE OMELET
WITH
FRENCH TOAST STIX
HAM, EGG & CHEESE
ON CROISSANT
SAUS & CHEESE BISCUIT
CEREAL BOWL
VARIETY YOGURT CUP
VARIETY MUFFINS
VARIETY BAGELS/CREAM C
HS
FRUIT JUICE
FRUIT CUP
MILK-1% CHOC
White Milk 1%

Feb 16

NO SCHOOL TODAY

Feb 17

FRUIT SMOOTHIES
CHOC CHIP MUFFIN TOP
BACON, EGG & CHEESE
CROISSANT
SAUS & CHEESE BISCUIT
VARIETY BAGELS/CREAM C
HS
CEREAL BOWL
FRUIT CUP
FRUIT JUICE
White Milk 1%
MILK-1% CHOC

Feb 18

COUNTRY BREAKFAST
VARIETY YOGURT CUP
GLAZED BREAKFAST BUN
HAM, EGG & CHEESE
BREAKFAST SANDWICH
HASHBROWN PATTY
CEREAL BOWL
VARIETY BAGELS/CREAM C
HS
FRESH FRUIT
FRUIT JUICE
MILK-1% CHOC
White Milk 1%

Feb 19

YOGURT PARFAIT BAR
WAFFLES & SAUSAGE
BREAKFAST BURRITO
with egg, saus & cheese
HASHBROWN PATTY
BRKFST PIZZA, SAUSAGE
CEREAL BOWL
FRUIT JUICE
FRESH FRUIT
MILK-1% CHOC
White Milk 1%

Feb 20

CHEDDAR CHEESE OMELET
WITH
FRENCH TOAST STIX
HAM, EGG & CHEESE
ON CROISSANT
SAUS & CHEESE BISCUIT
CEREAL BOWL
VARIETY YOGURT CUP
VARIETY MUFFINS
VARIETY BAGELS/CREAM C
HS
FRUIT JUICE
FRUIT CUP
MILK-1% CHOC
White Milk 1%

Feb 23

YOGURT PARFAIT BAR
CHICKEN BISCUIT
HASHBROWN PATTY
BRKFST PIZZA, SAUSAGE
VARIETY BAGELS/CREAM C
HS
CEREAL BOWL
FRUIT JUICE
FRESH FRUIT
White Milk 1%
MILK-1% CHOC

Feb 24

FRUIT SMOOTHIES
CHOC CHIP MUFFIN TOP
BACON, EGG & CHEESE
CROISSANT
SAUS & CHEESE BISCUIT
VARIETY BAGELS/CREAM C
HS
CEREAL BOWL
FRUIT CUP
FRUIT JUICE
White Milk 1%
MILK-1% CHOC

Feb 25

COUNTRY BREAKFAST
VARIETY YOGURT CUP
GLAZED BREAKFAST BUN
HAM, EGG & CHEESE
BREAKFAST SANDWICH
HASHBROWN PATTY
CEREAL BOWL
VARIETY BAGELS/CREAM C
HS
FRESH FRUIT
FRUIT JUICE
MILK-1% CHOC
White Milk 1%

Feb 26

YOGURT PARFAIT BAR
WAFFLES & SAUSAGE
BREAKFAST BURRITO
with egg, saus & cheese
HASHBROWN PATTY
BRKFST PIZZA, SAUSAGE
CEREAL BOWL
FRUIT JUICE
FRESH FRUIT
MILK-1% CHOC
White Milk 1%

Feb 27

CHEDDAR CHEESE OMELET
WITH
FRENCH TOAST STIX
HAM, EGG & CHEESE
ON CROISSANT
SAUS & CHEESE BISCUIT
CEREAL BOWL
VARIETY YOGURT CUP
VARIETY MUFFINS
VARIETY BAGELS/CREAM C
HS
FRUIT JUICE
FRUIT CUP
MILK-1% CHOC
White Milk 1%

ROGERS SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER