

# FEBRUARY

## Monday

Feb 2

CHICKEN ALFREDO  
GARLIC KNOT  
BROCCOLI SPEARS  
WG CHICK CORNDOG  
FLAMEGRILLED BURGER  
CRISPY CHICK'N FILET  
SANDWICH  
FRENCH FRIES  
MEATLESS CHEF SALAD  
HOAGIES & WRAPS  
BAKED CHIPS W/SUB  
GARDEN BAR  
BEANS IN SAUCE  
FRESH FRUIT  
FRUIT CUP  
KETCHUP  
White Milk 1%  
MILK-1% CHOC

## Tuesday

Feb 3

CHEESE NACHOS  
REFRIED BEANS  
CORN with PEPPERS  
CINNASTICKS  
MANDARIN ORANGE CHICK  
EN  
STEAMED WG RICE  
BROCCOLI SPEARS  
EGG ROLL  
FLAMEGRILLED BURGER  
SPICY CHICKEN SANDWICH  
FRENCH FRIES  
COMBO CHEF SALAD  
HOAGIES & WRAPS  
BAKED CHIPS W/SUB  
GARDEN BAR  
FRESH FRUIT  
FRUIT CUP  
KETCHUP  
White Milk 1%  
MILK-1% CHOC

## Wednesday

Feb 4

CRISPY CHICKEN TENDERS  
MASHED POTATOES  
SEASONED GREEN BEANS  
Wheat Roll  
FLAMEGRILLED BURGER  
FRENCH FRIES  
HOAGIES & WRAPS  
CHEEZ-IT WG CRACKERS  
COMBO CHEF SALAD  
GARDEN BAR  
FRESH FRUIT  
FRUIT CUP  
KETCHUP  
White Milk 1%  
MILK-1% CHOC

## Thursday

Feb 5

KOREAN RICE BOWL  
WITH POTSTICKERS  
EGG ROLL  
HOT MEATBALL SUB  
SWEET POTATO FRIES  
WG CHICK CORNDOG  
FLAMEGRILLED BURGER  
FRENCH FRIES  
HOAGIES & WRAPS  
BAKED CHIPS W/SUB  
MEATLESS CHEF SALAD  
GARDEN BAR  
FRESH EDAMAME SALAD  
FRESH FRUIT  
FRUIT CUP  
KETCHUP  
White Milk 1%  
MILK-1% CHOC

## Friday

Feb 6

CHICKEN & WAFFLES  
BEEF TACO PIZZA  
SWEET CORN  
FLAMEGRILLED BURGER  
DILL FLAVORED  
CHICKEN BREAST CHUNKS  
FRENCH FRIES  
HOAGIES & WRAPS  
CHEEZ-IT WG CRACKERS  
COMBO CHEF SALAD  
GARDEN BAR  
FRESH FRUIT  
FRUIT CUP  
KETCHUP  
White Milk 1%  
MILK-1% CHOC

Feb 9

CREATE A RAMEN BOWL  
FORTUNE COOKIE  
MAC & CHEESE  
CRISPY BEEF BITES  
W/DIPPING SAUCE  
BROCCOLI SPEARS  
FLAMEGRILLED BURGER  
MINI CORN DOGS  
FRENCH FRIES  
MEATLESS CHEF SALAD  
HOAGIES & WRAPS  
BAKED CHIPS W/SUB  
GARDEN BAR  
BEANS IN SAUCE  
FRESH FRUIT  
FRUIT CUP  
KETCHUP  
MILK-1% CHOC  
White Milk 1%

Feb 10

HONEY GLAZED  
HOT WINGS  
BABY CARROTS  
and CELERY STICKS  
CURLY FRIES  
WG ROLL  
GENERAL TSO'S CHICKEN  
LO MEIN NOODLES  
& VEGETABLES  
EGG ROLL  
FLAMEGRILLED BURGER  
CRISPY CHICK'N FILET  
SANDWICH  
FRENCH FRIES  
COMBO CHEF SALAD  
HOAGIES & WRAPS  
GARDEN BAR  
FRESH FRUIT  
FRUIT CUP  
MILK-1% CHOC  
White Milk 1%

Feb 11

CRISPY CHICKEN TENDERS  
MASHED POTATOES  
SEASONED GREEN BEANS  
FLAMEGRILLED BURGER  
FRENCH FRIES  
HOAGIES & WRAPS  
CHEEZ-IT WG CRACKERS  
MEATLESS CHEF SALAD  
GARDEN BAR  
FRESH FRUIT  
FRUIT CUP  
KETCHUP  
White Milk 1%  
MILK-1% CHOC

Feb 12

SALISBURY STEAK W/GRAV  
Y  
MAC & CHEESE  
BROCCOLI SPEARS  
HAWAIIAN ROLL  
WG CHICK CORNDOG  
FLAMEGRILLED BURGER  
FRENCH FRIES  
COMBO CHEF SALAD  
HOAGIES & WRAPS  
BAKED CHEETOS  
GARDEN BAR  
STRAWBERRY CUP  
White Milk 1%  
MILK-1% CHOC

Feb 13

GRAND SLICE PIZZA  
BUFFALO CHICK WRAP  
SPICY CHICKEN SANDWICH  
BACON CHEESEBURGER  
FRENCH FRIES  
HOAGIES & WRAPS  
BAKED CHIPS W/SUB  
MEATLESS CHEF SALAD  
CRACKER BITES  
GARDEN BAR  
FRESH FRUIT  
FRUIT CUP  
White Milk 1%  
MILK-1% CHOC

Feb 16

NO SCHOOL TODAY

Feb 17

BUFFALO STYLE WINGS  
 BABY CARROTS  
 and CELERY STICKS  
 CURLY FRIES  
 WG ROLL  
 MANDARIN ORANGE CHICK  
 EN  
 LO MEIN NOODLES  
 & VEGETABLES  
 EGG ROLL  
 FLAMEGRILLED BURGER  
 CRISPY CHICK'N FILET  
 SANDWICH  
 FRENCH FRIES  
 COMBO CHEF SALAD  
 HOAGIES & WRAPS  
 GARDEN BAR  
 FRESH FRUIT  
 FRUIT CUP  
 White Milk 1%  
 MILK-1% CHOC

Feb 18

FRIED CHICKEN  
 DRUM & THIGH  
 MASHED POTATOES  
 SEASONED GREEN BEANS  
 GARLIC KNOT  
 CRISPY CHICKEN TENDERS  
 FLAMEGRILLED BURGER  
 FRENCH FRIES  
 HOAGIES & WRAPS  
 BAKED CHIPS W/SUB  
 MEATLESS CHEF SALAD  
 GARDEN BAR  
 FRESH FRUIT  
 FRUIT CUP  
 KETCHUP  
 White Milk 1%  
 MILK-1% CHOC

Feb 19

TACO SALAD  
 CORN with PEPPERS  
 FRESH SALSA  
 HONEY SRIRACHA CHICKEN  
 ORIENTAL FRIED RICE  
 EGG ROLL  
 FLAMEGRILLED BURGER  
 SPICY CHICKEN SANDWICH  
 FRENCH FRIES  
 HOAGIES & WRAPS  
 BAKED CHIPS W/SUB  
 COMBO CHEF SALAD  
 GARDEN BAR  
 FRESH FRUIT  
 FRUIT CUP  
 KETCHUP  
 White Milk 1%  
 MILK-1% CHOC

Feb 20

CREATE A RAMEN BOWL  
 FORTUNE COOKIE  
 GRAND SLICE PIZZA  
 GRILLED CHICK FILET  
 ON KAISER BUN  
 CHEESEBURGER  
 FRENCH FRIES  
 HOAGIES & WRAPS  
 BAKED CHIPS W/SUB  
 COMBO CHEF SALAD  
 GARDEN BAR  
 BEANS IN SAUCE  
 FRESH FRUIT  
 FRUIT CUP  
 White Milk 1%  
 MILK-1% CHOC

Feb 23

CHICKEN ALFREDO  
 GARLIC KNOT  
 BROCCOLI SPEARS  
 WG CHICK CORNDOG  
 FLAMEGRILLED BURGER  
 CRISPY CHICK'N FILET  
 SANDWICH  
 FRENCH FRIES  
 MEATLESS CHEF SALAD  
 HOAGIES & WRAPS  
 BAKED CHIPS W/SUB  
 GARDEN BAR  
 BEANS IN SAUCE  
 FRESH FRUIT  
 FRUIT CUP  
 KETCHUP  
 White Milk 1%  
 MILK-1% CHOC

Feb 24

CHEESE NACHOS  
 REFRIED BEANS  
 CORN with PEPPERS  
 CINNASTICKS  
 MANDARIN ORANGE CHICK  
 EN  
 STEAMED WG RICE  
 BROCCOLI SPEARS  
 EGG ROLL  
 FLAMEGRILLED BURGER  
 SPICY CHICKEN SANDWICH  
 FRENCH FRIES  
 COMBO CHEF SALAD  
 HOAGIES & WRAPS  
 BAKED CHIPS W/SUB  
 GARDEN BAR  
 FRESH FRUIT  
 FRUIT CUP  
 KETCHUP  
 White Milk 1%  
 MILK-1% CHOC

Feb 25

CRISPY CHICKEN TENDERS  
 MASHED POTATOES  
 SEASONED GREEN BEANS  
 Wheat Roll  
 FLAMEGRILLED BURGER  
 FRENCH FRIES  
 HOAGIES & WRAPS  
 CHEEZ-IT WG CRACKERS  
 COMBO CHEF SALAD  
 GARDEN BAR  
 FRESH FRUIT  
 FRUIT CUP  
 KETCHUP  
 White Milk 1%  
 MILK-1% CHOC

Feb 26

KOREAN RICE BOWL  
 WITH POTSTICKERS  
 EGG ROLL  
 HOT MEATBALL SUB  
 SWEET POTATO FRIES  
 WG CHICK CORNDOG  
 FLAMEGRILLED BURGER  
 FRENCH FRIES  
 HOAGIES & WRAPS  
 BAKED CHIPS W/SUB  
 MEATLESS CHEF SALAD  
 GARDEN BAR  
 FRESH EDAMAME SALAD  
 FRESH FRUIT  
 FRUIT CUP  
 KETCHUP  
 White Milk 1%  
 MILK-1% CHOC

Feb 27

CHICKEN & WAFFLES  
 BEEF TACO PIZZA  
 SWEET CORN  
 FLAMEGRILLED BURGER  
 DILL FLAVORED  
 CHICKEN BREAST CHUNKS  
 FRENCH FRIES  
 HOAGIES & WRAPS  
 CHEEZ-IT WG CRACKERS  
 COMBO CHEF SALAD  
 GARDEN BAR  
 FRESH FRUIT  
 FRUIT CUP  
 KETCHUP  
 White Milk 1%  
 MILK-1% CHOC

ROGERS SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER